

AGENDA
ELGIN TOWNSHIP COMMITTEE ON SENIORS
Thursday, January 31st, 2019
4:00 p.m. Elgin Township Office BOARD ROOM – 1ST FLOOR
729 S. McLean Blvd., Elgin, IL 60123

MISSION:

To support Senior Citizens in Elgin Township remaining independent and to age in place.

VISION STATEMENT:

The vision of the Elgin Township Committee on Seniors is to recommend distribution, with accountability, designated property tax dollars via a service contract process with social service organizations that support and advocate for vulnerable Elgin Township residents, age 55 and over, on a needs basis with the purpose to provide the means to age in place and maintain a quality of life.

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|---|-------|
| Call To Order | Chair |
| Pledge of Allegiance | |
| Roll Call | |
| | |
| A. Recognize Public Comments
(Citizens registered to speak – 3 minutes per person/
15 minutes max comment period) | Chair |
| | |
| B. Approval of Minutes
January 27 th , 2018 – Committee on Seniors | Chair |
| | |
| C. Old Business (20 minutes) | Chair |
| 1. Discussion on Committee Members List of Services for Seniors | |
| 2. Discussion of implementing Mission and Vision of the Committee on Seniors | |
| 3. Review of Elgin Township Government’s Prescription Drug Assistance Program | |
| 4. Discussion of proposed new Elgin Township Government’s Utility Bill Assistance Program | |
| 5. Appointments to Committee on Seniors | |
| | |
| D. New Business (20 minutes) | Chair |
| 1. Decision on how to disburse monies and creation of timeline. | |
| 2. Misc. Business | |
| | |
| E. Announcements | |
| 1. Next meeting is Thursday, February 28 th , 2019 4pm | |
| | |
| F. Adjournment | |

The Town of Elgin is subject to the requirements of the American with Disabilities Act of 1990. Individuals with disabilities who plan to attend this meeting and who require certain accommodations in order to allow them to observe and/or participate in this meeting, or who have questions regarding the accessibility of the meeting or the facilities, are requested to contact the Supervisor at 847-741-2045 promptly to allow the Town of Elgin to make reasonable accommodations for those persons.

ELGIN TOWNSHIP COMMITTEE ON SENIORS

DECEMBER 27th, 2018

4:00 p.m. Elgin Township Office

BOARD ROOM – 1ST FLOOR

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MOTION TO APPROVE THE COMMITTEE ON SENIORS 2019 MEETING DATES

ALL MEETINGS TO TAKE PLACE IN THE BOARD ROOM – 1ST FLOOR

PROPOSED TIME: 4:00PM

PROPOSED DAY: 4TH THURSDAY

DATES:

***THURSDAY, JANUARY 31 (5TH Thursday of the month)**

THURSDAY, FEBRUARY 28

THURSDAY, MARCH 28

THURSDAY, APRIL 25

THURSDAY, MAY 23

THURSDAY, JUNE 27

THURSDAY, JULY 25

THURSDAY, AUGUST 22

THURSDAY, SEPTEMBER 26

THURSDAY, OCTOBER 24

THURSDAY, NOVEMBER 21

THURSDAY, DECEMBER 26

Compiled List (in formation) of Needed Services Required to Remain Independent and Age in Place

1. Mortgage or Rent payment
2. Utilities
3. Property taxes (owner)
4. Insurance (home, personal)
5. Lawn/leaf/snow maintenance
6. Home repairs/maintenance
7. House cleaning (changing sheets, etc.)
8. Transportation (car maintenance, insurance, fuel/public conveyance)
9. Groceries/delivered meals
10. Health and home care products
11. Pet care (food, veterinarian care, grooming)
12. Medical appointments
13. Medications
14. Mobility assistance (ramps, grab bars, etc.)
15. Fitness (exercise, physical/occupational/speech therapy)
16. Companionship
17. Social gatherings
18. Personal hygiene (laundry, bathing, hair cuts, etc.)
19. Financial management (make deposits, pay bills, budget, taxes)
20. Legal advice

FACILITIES – Current facilities at SSI & Elgin Township are limited and unexciting. Perhaps adding a dedicated area that would have game tables, pool tables, coffee, etc. – so they could just play cards or even just work a puzzle. There is currently a space at SSI that might accomplish this.

ISOLATION – Can lead to depression & effect physical as well as mental health. A Senior Companion Program – matching a volunteer with an isolated senior could help to address these needs. SSI currently promotes this – but their funds to accomplish this are limited. Perhaps this could be expanded with funding.

TRANSPORTATION – Expanding the ‘volunteer ride’ program at SSI is a must. Currently about 20 requests a day go unfulfilled. There are numerous organizations in Elgin that have their own mini-bus(s). Those could be pooled (particularly with funds from ET) so that we could have resources to get Seniors to and from the center and other activities. Add some UBER financing (again from ET) and you have a versatile and flexible system. SSI has a program for ride sharing – BUT – the demand far exceeds their ability to deliver.

FOOD & NUTRITION - Currently lunch is provided by The Salvation Army (on Mon, Wed, & Fri) with food from the Northern Illinois Food Bank. Perhaps that might be an opportunity for ECC Culinary Students. Also, delivering food to elderly people could be expanded & enhanced. Proxy shopping is another service that could be expanded. Again, with adequate funding.

NUTRITION - Nutrition is a problem for Seniors, particularly as we age and lose mobility. All too often seniors primarily rely on canned soups and/or fast foods. Easy, but far from ideal. What an opportunity to utilize ECC Students – from Culinary, Nursing, CNA, and other areas to educate and perhaps augment their daily lives. And add education and follow-up – ECC students could help to enhance their lives while they are getting a degree!

HEALTH READINGS - Weekly Health readings by the ECC Nursing Students. SSI currently does some of this but partnering with ECC could expand it. Maybe even making some house calls when delivering food.

Compiled List (in formation) of Needed Services Required to Remain Independent and Age in Place

ADULT DAY CARE – Many seniors that have Dementia, Alzheimer, or severe Physical Disabilities present a major toll on their personal Caregivers. If we could have a facility in Elgin that would provide some respite for the Caregivers it would help in alleviating their burden. Currently there is a facility in West Dundee that does some of this. But I know of no facility in Elgin Township that addresses this need.

EDUCATION – ECC has a vast array of people who could conduct some interesting and stimulating classes. The opportunities are endless! ECC has promoted some classes for Seniors who need to get a job. Regardless of the current economy, people 50 & older can easily find that they do not have the skills to get a good paying job.

BI-LINGUAL PERSONNEL – The large Hispanic population needs to be addressed. And we also have a large Laotian population, so having someone who understands their culture and background would be advantageous. Perhaps expanding (or creating) an International Senior Culture Event.

HANDYMAN SERVICES – In order to keep seniors in their homes they often require help in getting minor repairs done. Perhaps a Handyman Service staffed by local union apprentices could be created.