

## Suicide Prevention Month Proclamation – September 12, 2022

**WHEREAS**, according to the CDC, suicide has long been a leading cause of death in the U.S., increasing every year over the past decade, with nearly 46,000 deaths in 2020.

**WHEREAS**, in 2020, an estimated 12.2 million adults seriously thought about suicide, 3.2 million made a plan, and 1.2 million attempted suicide; and

**WHEREAS**, for young people between the ages of 10 and 24, it was the second leading cause of death in 2019; and

**WHEREAS**, strategies to prevent suicide include strengthening economic supports, strengthening access and delivery of suicide care, creating protective environments, promoting connectedness, teaching coping and problem-solving skills, identifying and supporting people at risk, and lessening harms and preventing future risk; and

**WHEREAS**, everyone plays a role in suicide prevention: Getting resources for oneself or being the difference for a loved one by offering support, helping the local Lifeline center, joining the Lifeline's national network, and promoting the lifeline; and

**WHEREAS**, the 988 Suicide and Crisis Lifeline is now active across the United States. This new, shorter phone number will make it easier for people to remember and access mental health crisis services, as well as provide free and confidential support for people in distress, prevention and crisis resources for those in need, and best practices for professionals in the United States; and

**WHEREAS**, we remember those lives we have lost to suicide, we commit to connecting with those who are struggling, and we encourage our local organizations and governments to work together to prevent suicide;

**NOW, THEREFORE**, I, Ken Bruderle, Supervisor of the Township of Elgin, in the great state of Illinois, recognize September as Suicide Prevention Month to bring forth awareness and to educate our residents about suicide prevention, as well as to emphasize the resources available.

**IN WITNESS THEREOF**, I have hereunto set my hand and caused the Great Seal of Elgin Township to be affixed this 12<sup>th</sup> day in September, in the year Two Thousand Twenty-two.

---

Kenneth C. Bruderle  
Elgin Township Supervisor

---

Karen Dowling  
Elgin Township Clerk

